|  |  |  |  |
| --- | --- | --- | --- |
| Rodzaj pieczywa | Masa chleba | Energia[kcal] | Tłuszcz [g] |
|  |  |  |  |
| Chleb pszenny | 100g  | 250 | 1,4 |
| Chleb graham | 100g | 225 | 1,7 |
| Chleb mleczny | 100g | 250 | 1,5 |